



Benefits Alliance Announces *headversity* as New Preferred Solutions Provider.

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Benefits Alliance is proud to announce that *headversity* has been selected as a new Preferred Solutions Provider with the goal of providing member firms access to proactive tools focused on upskilling employee mental wellbeing so they can withstand any challenge.

“For plan sponsors, having a preventative resource included in their mental health strategy has become vital. The shift in mental health needs have clearly gone from reactive to proactive,” said Carolyne Eagan, President of Benefits Alliance. “Benefits Alliance is very pleased to offer *headversity* and its industry-first Preventative Assistance Platform (PRE.A.P.) to our advisors and their clients to help plan members get ahead of adversity and more effectively build the skills that protect mental health, resilience and psychological safety in the workplace.”

headversity believes that the key to a happy, productive and psychologically safe workforce is resilience, and that everyone has the capacity to upskill it themselves.

“Organizational leaders have recognized there is more pressure, disruption, and distraction in the workplace than ever before, resulting in increasing mental health related costs, including opportunity costs. Offering only EAP and more access to therapy is no longer enough,” stresses Jason Gotwalt, SVP of Growth and Partnership with *headversity*. “Prevention starts with better skills training (Upskilling), meeting individuals and teams where they are at, with what they need to build resilience and support psychological safety. We are thrilled that Benefits Alliance and its members have selected *headversity* as a Preferred Solutions Provider, now offering their clients a proactive and preventative solution to effectively address the mental health needs in the workplace.”

About *headversity*

With a focus on prevention, [headversity](#) offers skill-based training to help workforces improve their mental wellbeing by addressing three persistent challenges: mental health, workplace safety and operational excellence. With an industry re-defining preventative assistance platform (PRE.A.P.) that provides proactive and digital mental health upskilling experiences for the entire workforce, we have helped more than 3 million employees around the world upskill resilience and get ahead of adversity.

About Benefits Alliance

Benefits Alliance includes independent member firms and more than 200 advisors nationwide. We leverage our size and experience to offer our group clients a qualitatively superior experience. We work intimately with our clients to create plans that are innovative and flexible, delivering cost-effective stability for our clients.



For further information, please connect with:

Benefits Alliance Contact: Sarah Toth, Senior Executive Assistant

Email: sarah.toth@benefitsalliance.ca

Phone: (905) 669-5577 Ext. 225

Website: www.benefitsalliance.ca

headversity Contact: Jason Gotwalt, SVP, Growth and Partnerships

Email: jason@headversity.com

Phone: (416) 418-1114

Website: www.headversity.com